Tuesday, 18 March 2025 Health and Social Wellbeing Improvement



Lifeline is a crisis helpline for people in distress

Lifeline 0808 808 8000

This leaflet provides information on the Lifeline crisis response helpline, which is available 24 hours a day, seven days a week to support people in distress or despair. It outlines who the helpline is for, how to contact Lifeline and what sort of support can be provided.

Details

Format 6 pages, A5 leaflet Target group General public

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Attachment

Lifeline Info Leaflet A5 6pp 03_25 final.pdf 480.8 KB

Tags

- Lifeline
- mental and emotional health and wellbeing
- suicide prevention
- support services

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