

Wednesday, 12 March 2025

[Health and Social Wellbeing Improvement](#)



This leaflet contains information on what you can say and do to help someone who may be thinking of suicide.

It highlights the warning signs, explains the feelings a suicidal person can have and provides a step-by-step guide to having a conversation and helping someone you're worried about.

It also lists a number of support services for people having suicidal thoughts.

Details

Format

1/3 A4, 10 pages

Target group

General public

Downloads

Attachment	Size
Concerned about suicide 03.25.pdf	422.57 KB

Tags

- [suicide](#)
- [concerned](#)
- [suicidal](#)
- [thoughts](#)
- [support](#)
- [depression](#)

[Print](#)